

- Nolva - Nolvadex
- Tren A - Trenbolone Acetate
- Tren E - Trenbolone Enanthate
- Test P - Testosterone Propionate
- Caber - Cabergoline
- Clen - Clenbuterol

April 2016						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17 WEEK 1	18 50 mg Tren E 20 mg Test P 1 mg Caber 20 mcg Clen	19	20	21 50 mg Tren E 20 mg Test P 20 mcg Clen	22	23
24 WEEK 2	25 50 mg Tren E 20 mg Test P 1 mg Caber 20 mcg Clen	26	27	28 50 mg Tren E 20 mg Test P 20 mcg Clen	29	30

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 WEEK 3	2 75 mg Tren E 35 mg Test P 1 mg Caber 20 mcg Clen	3	4	5 75 mg Tren E 35 mg Test P 20 mcg Clen	6	7
8 WEEK 4	9 75 mg Tren E 35 mg Test P 1 mg Caber 20 mcg Clen	10	11	12 75 mg Tren E 35 mg Test P 20 mcg Clen	13	14
15 WEEK 5	16 50 mg Tren A 50 mg Test P 1 mg Caber 20 mcg Clen	17	18 50 mg Tren A 50 mg Test P	19 20 mcg Clen	20 50 mg Tren A 50 mg Test P	21
22 WEEK 6 50 mg Tren A 50 mg Test P	23 1 mg Caber 20 mcg Clen	24 50 mg Tren A 50 mg Test P	25	26 50 mg Tren A 50 mg Test P 20 mcg Clen	27	28 50 mg Tren A 50 mg Test P
29 WEEK 7	30 50 mg Tren A 50 mg Test P 1 mg Caber 20 mcg Clen	31	Notes:			

June 2016						
◀ May 2016						July 2016 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
WEEK 8			1 50 mg Tren A 50 mg Test P	2 20 mcg Clen	3 50 mg Tren A 50 mg Test P	4
5 WEEK 9 50 mg Tren A 50 mg Test P	6 1 mg Caber 20 mcg Clen	7 50 mg Tren A 50 mg Test P	8	9 50 mg Tren A 50 mg Test P 20 mcg Clen	10	11 50 mg Tren A 50 mg Test P
12 WEEK 10	13 50 mg Tren A 50 mg Test P 1 mg Caber 20 mcg Clen	14	15 50 mg Tren A 50 mg Test P	16 20 mcg Clen	17 50 mg Tren A 50 mg Test P	18
19 WEEK 11 50 mg Tren A 50 mg Test P	20 1 mg Caber 20 mcg Clen	21 50 mg Tren A 50 mg Test P	22	23 50 mg Tren A 50 mg Test P 20 mcg Clen	24	25 50 mg Tren A 50 mg Test P
26 WEEK 12	27 50 mg Tren A 50 mg Test P 1 mg Caber 20 mcg Clen	28	29 50 mg Tren A 50 mg Test P	30 20 mcg Clen	Notes:	

July 2016						
◀ June 2016						August 2016 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 50 mg Tren A 50 mg Test P	2
3 PCT Week 1 20 mg Nolva	4 20 mg Nolva 1 mg Caber 20 mcg Clen	5 20 mg Nolva	6 20 mg Nolva	7 20 mg Nolva 20 mcg Clen	8 20 mg Nolva	9 20 mg Nolva
10 PCT Week 2 20 mg Nolva	11 20 mg Nolva 1 mg Caber 20 mcg Clen	12 20 mg Nolva	13 20 mg Nolva	14 20 mg Nolva 20 mcg Clen	15 20 mg Nolva	16 20 mg Nolva
17 PCT Week 3 10 mg Nolva	18 10 mg Nolva 1 mg Caber 20 mcg Clen	19 10 mg Nolva	20 10 mg Nolva	21 10 mg Nolva 20 mcg Clen	22 10 mg Nolva	23 10 mg Nolva
24 PCT Week 4 10 mg Nolva	25 10 mg Nolva 1 mg Caber 20 mcg Clen	26 10 mg Nolva	27 10 mg Nolva	28 10 mg Nolva	29 10 mg Nolva	30 10 mg Nolva
31 NATTY after this date.	Notes:					

◀ July 2016

August 2016

September 2016 ▶

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	Notes:		