

PROD. NO. 35

As an herb for women, Vitex gives you the holistic support you need to relieve the periodic discomfort, mild mood changes, cramping and breast tenderness associated with menstrual and menopause changes.\*\*

\*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Directions:** For adults, take two (2) capsules two times daily, preferably with meals. Capsules may be opened and prepared as a tea. As a reminder, discuss the supplements and medications you take with your health care providers.

◇Vitamin World's Natural Whole Herb products utilize ground plant parts to provide the natural components in the amounts found in nature.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

TO REORDER CALL 1-800-228-4533

Or Order On The Web  
[www.vitaminworld.com](http://www.vitaminworld.com)

ACTUAL SIZE

Carefully Manufactured by  
Vitamin World, Inc.  
Ronkonkoma, NY 11779 U.S.A.  
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S E L E C T H E R B A L S

NATURAL WHOLE HERB ◇

# Vitex/Chaste Tree

400 mg

*Supports  
Menstrual & Menopausal  
Health\*\**

Herbal Supplement  
100 CAPSULES

## Supplement Facts

Serving Size 2 Capsules  
Servings per Container 50

### Amount Per Serving %Daily Value

Vitex (*Vitex agnus castus*) 800 mg \*  
(Chaste tree fruit powder)

\*Daily Value not established.

**Other Ingredients:** Gelatin, Calcium Silicate, Vegetable Magnesium Stearate, Silica.

**Vitamin World's Guarantee:** We use only the finest quality herbs and spices. Each is screened and finely milled for quick release.

Vitamin World's preservative-free gelatin capsules contain pure milled herb powder.

**WARNING:** Not for use by pregnant or lactating women. Consult your doctor before use if you have, or have had, ANY HEALTH CONDITION or if you are taking ANY MEDICATIONS OR REMEDIES, including OTC medications, or are planning any medical procedure. Discontinue use and consult your doctor if any adverse reactions occur, such as gastrointestinal discomfort or any allergic reaction. NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18.

**FREE OF:** yeast, wheat, milk or milk derivatives, lactose, sugar, preservatives, artificial color, artificial flavor, sodium (less than 5 mg per serving).

*Vitex agnus castus*



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