

Nutritional Analysis per average 10 gram serving

Component/10g		Amino Acids/10g	
Protein	1.2–1.4 g	Alanine	63.1 mg
Carbohydrates	6–7.5 g	Arginine	99.4 mg
Fats (lipids)	220 mg	Aspartic acid	1.7 mg
Fiber	850 mg	Glutamic acid	156.5 mg
Ash	490 mgs	Glycine	68.3 mg
Sterol	5–10 mg	HO-Proline	26.0 mg
Histidine	41.9 mg	Isoleucine	47.4 mg
Calories	32.5	Lysine	54.5 mg
Leucine	91.0 mg	Methionine	28.0 mg
Minerals/10g		Phenylalanine	55.3 mg
Calcium	25 mg	Proline	0.5 mg
Copper	0.6 mg	Sarcosine	0.7 mg
Iron	1.5 mg	Serine	50.4 mg
Iodine	52 mcg	Threonine	33.1 mg
Manganese	80 mcg	Tryptophan	4.9 mg
Potassium	205 mg	Tyrosine	30.6 mg
Sodium	1.9 mg	Valine	79.3 mg
Zinc	380 mcg	Fats/Lipids/10g	
Vitamins per/10g		Linoleic	72 mcg
B2	39 mcg	Palmitic	52 mcg
B6	114 mcg	Oleic	24.5 mcg
C	28.6 mg		
Niacin	565 mcg		